

Obesity Bias in Healthcare

Understanding the consequences of obesity on an individual's biology continues to grow as the prevalence of obesity continues to increase. Stress-induced pathophysiological effects of weight stigma and their influence on behaviors suggest a link between weight bias and health outcomes. Weight bias, generally defined as negative attitudes toward and beliefs about others because of their weight, can lead to weight stigma, which involves actions against people with obesity that can cause their exclusion and marginalization, and can lead to inequities or discrimination in numerous settings, including the healthcare environment, and from a variety of sources.

Learning objectives for this program include the following:

- Participants will be able to recognize implicit bias that exists in healthcare at all levels and among all specialties
- Participants will be able to recognize the negative impact of weight-bias on patient outcomes
- Participants will be able to assess their own biases toward obese patients
- Participants will develop appropriate strategies for communication and engagement with obese patients

Sabrena Noria, MD, PhD is an Associate Professor of Surgery in the Division of General and Gastrointestinal Surgery at The Ohio State University Wexner Medical Center. She attended the University of Toronto earning a Hon. BSc. and a PhD in cardiovascular medicine, followed by an M.D. with specialization in General Surgery. After completing a fellowship in Minimally Invasive and Bariatric Surgery at The Ohio State University in 2011, she went on to a faculty position at Tulane University. She was recruited back to Ohio State in 2013 where she practices with a special focus on metabolic/bariatric surgery, and advanced therapeutic endoscopy. Dr. Noria has authored over 100 manuscripts, abstracts and book chapters, and is invited to lecture both nationally and internationally. Having a special interest in both clinical and basic science research, she was awarded a grant from the American Society for Metabolic and Bariatric Surgery, for her research involving obesity, diabetes and gut hormones. More recently, her interests have grown to include patient-centered outcomes as they relate to obesity and bariatric surgery, and with the support of a large institutional grant she is actively investigating disparities in access to care and healthcare-related obesity bias. In addition to her clinical and academic pursuits, Dr. Noria is involved in mentoring medical students, residents and fellows, and serves as the Surgical Director for the Comprehensive Weight Management, Metabolic/Bariatric Surgery Program. Dr. Noria is a member of the Royal College of Physicians and Surgeons of Canada, American College of Surgeons, and is an active member of several national organizations including the Society for Surgery of the Alimentary Tract, the Society of American Gastrointestinal and Endoscopic Surgeons, and the American Society for Metabolic and Bariatric Surgery. Through her clinical and research endeavors Dr. Noria is focused on improving care for patients with obesity.

October 13, 2021
12:00 pm-1:30 pm

Accreditation:

Approved for 1.5 hour CAT A CE from BOC

<https://medicine.osu.edu/departments/sports-medicine/education/medical-professionals>

Fees, Attendance, and Cancellation: This course is a **private course** and is free for Ohio State Wexner Medical Center Employees. Continuing education credit will be awarded to **employees only**. In the event of meeting cancellation, an email will be sent to those on the email list.

For questions and to register: email Karlyn.botzman@osumc.edu

Non-Discrimination: The Ohio State University Wexner Medical Center does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. The Ohio State University Wexner Medical Center is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.



*This program has been planned and implemented in accordance with the requirements and policies of the Board of Certification for the Athletic Trainer (BOC) through the joint sponsorship of **Ohio State University Sports Medicine**. **Ohio State University Sports Medicine** is approved by the BOC to provide continuing education for Athletic Trainers, provider #P647*

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